

Name \_\_\_\_\_ Approximate Age \_\_\_\_\_ Gender \_\_\_\_\_ Probable Ethnicity: \_\_\_\_\_

## Profile:

A summary of who your person is at a glance

## Psychological Make-up & Personal Background:

Respond to all portions and include a piece of evidence:

- Is your character submissive or aggressive? Explain with detail or textual evidence.
  
- What tendencies does your character have? (Ex. Prone to violence; fear to act)
  - ✓
  - ✓
  - ✓
  
- What do you predict is the likely family history of your character? Explain with textual evidence.
  
- Goal Pattern: Is your character pleasure seeking or punishment driven? Explain with detail or textual evidence.
  
- Thought Process: Is your character logical or creative? Explain with detail or textual evidence.
  
- Decision Making: Is your character reactive (quick to act) or proactive (thinks and plans ahead)? Explain with evidence.
  
- Social: Is your character an extrovert (prefers groups) or introvert (prefers self)? Explain with evidence?
  
- Examine the criteria in the Psychological Well-Being Chart & decide which quadrant your character lies within & explain.

## Assessment:

Based on the Psychological Make-up & Personal Background of your character, if they continue on the same journey as they have previously experienced, what will be the future outcomes?

# Psychological Well-Being

HIGH Positive Affect

## Self- Fulfilling

- ✓ High levels of positive relationships
- ✓ High levels of environmental mastery
- ✓ High levels of self-acceptance
- ✓ High levels of autonomy (independence)
- ✓ High levels of personal growth
- ✓ High levels of purpose in life
- ✓ High levels of harmony

**1**

## High- Affective

- ✓ High levels of positive relationships
- ✓ High levels of environmental mastery
- ✓ Low levels of autonomy (independence)
- ✓ High levels of self-acceptance
- ✓ High levels of personal growth
- ✓ High levels of purpose in life
- ✓ High levels of harmony

**2**

LOW Negative Affect

HIGH Negative Affect

## Low- Affective

- ✓ High levels of positive relationships
- ✓ High levels of environmental mastery
- ✓ High levels of self-acceptance
- ✓ High levels of autonomy (independence)
- ✓ Low levels of personal growth
- ✓ Low in levels of purpose in life
- ✓ High levels of harmony

**4**

## Self-Destructive

- ✓ Low levels of positive relations
- ✓ Low levels of environmental mastery
- ✓ Low levels of self-acceptance
- ✓ Low levels of autonomy (independence)
- ✓ Low levels of personal growth
- ✓ Low in levels of purpose in life
- ✓ Low levels of harmony

**3**

LOW Positive Affect